

# Virginia Western Community College

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## Regional Academy

### Nurse Aide CSC 221-157-04

**Monday – Friday**

**8:00 – 10:50 (refer to class schedule for actual times)**

**One Year Program**

17 college credits approximately \$178.49\* per credit

Pre-Requisites: VPT – Placed ENG 111 and MTE 1

*\*Refer to the VWCC Website for current tuition rates in effect at time of enrollment.*

**Tuition Assistance may be available through a grant provided by the Claude Moore Charitable Foundation.**

**Purpose:** Prepares students for a career as a Certified Nurse Aide (CNA). The program will provide instruction to prepare qualified students to meet the health care needs of the community within the scope of practice of a CNA, as defined by the Virginia Board of Nursing. Graduates of this program earn a Career Studies Certificate in Nurse Aide and will be academically eligible to take the Certification Examination.

**Program Objectives:** Employment opportunities include nursing homes, hospices, public health and community nursing, medical offices and clinics, and acute and long-term care facilities.

## **CURRENT COURSES:**

### **FIRST SEMESTER**

**ENG 111 College Composition I (3 CR)** *(available if students did not satisfy this requirement at the HS)*

Prerequisite(s): A placement recommendation for ENG 111.

Introduces students to critical thinking and the fundamentals of academic writing. Through the writing process, students refine topics; develop and support ideas; investigate, evaluate, and incorporate appropriate resources; edit for effective style and usage; and determine appropriate approaches for a variety of contexts, audiences, and purposes. Writing activities will include exposition and argumentation with at least one researched essay.

**HLT 105 Cardiopulmonary Resuscitation (1 CR)**

Provides training in coordinated mouth-to-mouth artificial ventilation and chest compression, choking, life-threatening emergencies, and sudden illness. Certifications include American Heart Association (AHA) Basic Life Support (BLS) for healthcare providers. Credit will not be awarded for both HLT 105 and HLT 106.

**HLT 141 - Introduction to Medical Terminology (1 CR)**

Focuses on medical terminology for students preparing for careers in the health professions. Not intended for transfer.

**NUR 27 Nurse Aide I (4 CR)**

Teaches care of older patients with emphasis on the social, emotional, and spiritual needs. Covers procedures; communication and interpersonal relations; observation, charting and reporting; safety and infection control; anatomy and physiology; personal care, nutrition and patient feeding; death and dying. May include laboratory or clinical hours. Not intended for transfer.

**SDV 101 Orientation to Health Professions (2 CR)**

Introduces students to the skills which are necessary to achieve their academic goals, to services offered at the college and to the discipline in which they are enrolled. Covers topics such as services at the college including the learning resources center; counseling, and advising; listening, test taking, and study skills; and topical areas which are applicable to their particular discipline. Explores the careers, skills, and pathways in health professions.

### **SECOND SEMESTER**

**NUR 21 Nurse Aide Clinical Experience (1 CR)**

Provides guided nurse aide experience for practicing skills in the clinical setting. Applies fundamental principles of basic nurse aide care. Not intended for transfer.

**NUR 25 Nursing Assistant (3 CR)**

Teaches fundamentals of patient care with laboratory experience in foods and fluids, elimination, moving patients, morning, afternoon and evening care, care of hospital equipment, means of providing special comforts and safety, and admission and discharge procedures. Not intended for transfer.

**PHI 220 Ethics (3 CR)**

Provides a systematic study of representative ethical systems.