

Dental Hygiene Checklist

*The following is intended as a general guideline for making sure you have taken the necessary steps to apply and be considered for the Dental Hygiene program. **It is the applicant's responsibility to insure that all items arrive prior to the December 1, 2025 deadline.** Late application materials will **not** be considered and will make the applicant ineligible to be considered for the fall 2026 program. Please understand an applicant may have unique circumstances, which may require further documentation or verification, in which case the applicant may be asked to furnish material not mentioned below. Every effort will be made to provide clear instructions to applicants needing to provide such information. Please keep this checklist to refer to – you do NOT need to return it to us.*

- ☐ **VWCC College application** – Will need to complete **on-line**. (**NOTE:** Program Application is separate from College Application—see below). Please see the instructions sheet in the “Forms” section. (If you currently attend VWCC – you may skip this step.) Joint Venture site applicants who are accepted into the program would be registered for some DNH core courses at VWCC, thus requiring you to be activated for VWCC. **To facilitate actions taken** in the computer system by your advisor and other staff at VWCC please select Career Studies Certificate: Introduction to Dental Hygiene as your **curricular plan of study** (**credit** classes) and we suggest activating the term for Summer 2025 (if available or choose the latest term closest to summer) or even **sooner** if you plan to take any general class at VWCC before then (DNH classes do not start until fall semester for those accepted). Please note: all non-VWCC students, need to complete the VWCC application, as indicated above, **PRIOR** to submission of any application materials.
- ☐ **2026 Dental Hygiene program application form**. Please indicate which site(s) you are interested in applying to by checking the appropriate box. If you **select both sites**, please indicate which site is your **first choice**. All application material must be sent directly to Pam Woody at VWCC/Roanoke **for all sites**. Also, please note that if you are accepted for a class position for your second choice campus, you will need to make plans to move to that campus area.
- ☐ **Official High School transcript** in the sealed school envelope. (Required for all applicants, including College Graduates.)
- ☐ **GED – copy of scores** (*if applicable*). HS transcripts are still required if you completed at least 9th grade.
- ☐ **Official college transcripts** from all colleges attended/attempted (**except** community colleges in Virginia). Note: Official transcripts **must be** in the **original sealed** envelope from the institution that issued it, please **do not open** them (if sent or given to you first). In addition, if your Institution participates in an electronic official transcript relay platform, such as Parchment, Scribbles, or National Clearinghouse, etc., please direct those official electronic transcripts to be sent to pwoody@virginiawestern.edu and if using Parchment, select VWCC-Health Professions. Please note: if you attended college and completed just one course, we will need that official transcript to be sent to complete your academic file. **We will need official transcripts from all colleges attempted** to complete your academic file. If you attend summer and/or fall 2025 classes at a non-VCCS school you must have updated transcripts sent to the **attention of Pam Woody at VWCC prior to 12/1/25**. **Transcripts from courses completed in fall 2025, need to be submitted by January 15th, 2026.** These transcripts serve to update your GPA, academic progress, and completion or enrollment in a required prerequisite (if applicable). Have all transcripts sent directly to Pam Woody, at VWCC before 12/1/25, (except for final fall course report which is due by January 15th). **It is important that you have an active application at VWCC and be currently enrolled in the CSC: Introduction to Dental Hygiene plan of study prior to any transcripts arriving at VWCC. Do not select “Personal Satisfaction” as a plan of study.**
- ☐ Once all your official transcripts are received by the Health Professions Advising and Applications Office, a 2-page form letter will be sent (usually within 4 weeks, **may be longer if submitting** November to December 1 or in spring from February through May) – includes information about your **prerequisites**: Chemistry, and the college BIO 141, BIO 142, and SDV 101-two credits
 - _____ **Chemistry** (with laboratory component) completed with a grade of “C” or better by the end of spring 2026 semester. (High School **or** equivalent college.)
 - _____ **Bio 141** or equivalent **college level** Human Anatomy & Physiology I (must include lab component) complete with a grade of “C” or better **by the end of Spring 2026**. NOTE: must be completed within five years prior to fall beginning. Also, the prerequisite for enrollment into BIO 141 is a recent Biology or NAS 2 (grade of “c” or higher or grade of “s”) within the last three years (at VWCC). In addition, the math requirement for BIO 101/NAS 2 is successful completion of MDE 10 or Direct Enrollment into MTH 154+MDE 54 or higher. These are prerequisites at VWCC for BIO 141 enrollment.

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_____ **SDV 101 (2 credits)** Orientation to Health Professions (complete by end of spring 2026). We can use one credit from SDV 101 and one credit from SDV 100 to equate to the two credit SDV requirement. We can also use the one credit SDV 101 (from other colleges) and combine the second credit from a completed HLT/PED course. If your community college does not offer the two credits of SDV, there are colleges, including VWCC, that offers on-line options of two credit SDV-Orientation to Health Professions). You may also visit the FAQ link for ideas to satisfy the two-credit SDV, if your college only offers a one-credit SDV. Please note: if you have graduated with a degree (Bachelor or Associate), upon receipt of the official and final transcript, showing degree completion, we can award Credit for Prior Learning for the two-credit SDV.

_____ **Bio 142** or equivalent **college level** Human Anatomy & Physiology II (must include lab component) complete with a grade of “C” or better **by the end of Summer 2026**. NOTE: must be completed within five years prior to fall beginning.

- ☐ In addition, you should plan to complete the math review ([linked here](#)) to determine if your math skills are where they need to be, if accepted into the DNH program for fall 26. The two links provide the math skill problems and then the [answer key](#) and how to work those math problems. The math review link is self-scored and based on the answer key, you can locate resources for additional assistance in increasing skills necessary for the program.
- ☐ Have a cumulative GPA of ≥ 2.75 at the end of the Fall 2025 semester to be eligible. GPA is based on at least 12 credit hours of college credit at one Institution. Please note: developmental courses do not count towards the 12 credit hours of college credit as the grade achieved is either “S” or “P” and these cannot be calculated in the 12 credit hours to establish a college-level GPA. For instance, the CHM 5 at VWCC, while is necessary to meet the High School level Chemistry, with lab, (if not passed in High School with a grade of “C” or higher), the course, CHM 5, will not count towards the 12 credit hours required, if trying to use the GPA from college with 12 credit hours of college credit. (The EDE or MDE courses cannot be calculated with the college-level GPA as well.) The NAS 2 prerequisite course for BIO 141, is also a “S” or “U” and cannot be used to establish the GPA. A letter grade must be achieved and the course must be non-developmental to establish the college-level GPA.
- ☐ Submit your completed 16-hours of **observation with a Registered Dental Hygienist** (not a Dentist). You will be responsible for finding a practice that has a **dental hygienist** whom you can observe, **prior** to December. The completion of the dental observation form is **mandatory** for all applicants and is due by **December 1, 2025**. The **form is available in the “Forms”** section of the website for you to review and print. If you need names of practices, please contact the Advising and Applications Office at VWCC. This is required for each applicant for each year. Previous submissions, from prior application years, will not be honored.

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The above criteria must be met to be eligible and continue in the process for consideration.

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- ☐ Review the Application and Program Overview on the “Forms” link of the Dental Hygiene Application website—Powerpoint that “walks” applicants through the application process.
- ☐ Plan to attend a “First Friday” Application session for “tips and timelines” and etc. for the application process for all the Health Profession programs. This session is held the first Friday of every month (except July) at 1:00~2:30. The session is held in Fralin (at VWCC), Room 210 This session is strongly suggested for all Health Profession applicants, but is not required. There is time for question and answer after the session for applicants to have their questions answered.

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- ❑ Keep the Health Professions Office (healthprofessions@viriniawestern.edu) **informed** of all name and **address changes during the application process**. (Dental Hygiene applicant database for all program mailings is separate from the college.)

The following items are not completed at VWCC until Spring Semester (late February or March)

- ❑ TEAS scheduled and taken (March/April). Eligible applicants only! – Health Profession Advising and Applications Office personnel (Woody or Terry) at VWCC will determine whether applicants meet the minimum criteria and can be considered by the committee for VWCC (Roanoke) and DCC (Danville—odd years) or LRCC (even years). Most applicants will be given TEAS (Test of Essential Academic Skills) instructions by mid-March (letter scanned using email associated with Navigate—**please be sure and turn on your notifications in your Navigate** account) if all the application material was received by deadline. We encourage you to apply and have everything submitted in October, if possible (or before). (The application deadline is not until December 1st, but from November to December, the Health Professions Advising and Applications Office will not be able to confirm receipt of application materials, due to the large volume of submitted materials during this time-frame.) If an applicant for either **site has not received their TEAS notification/instructions by the week of March 20th**, and believe they are eligible, they should immediately contact healthprofessions@viriniawestern.edu. Early applicants who are not eligible when a review is done in late February will be notified by a team-member from the Health Professions Advising and Applications Office in March, if the student has questions about that eligibility then, they must contact the advisor, Ms. Perdue, Ms. Terry, or Ms. Woody, at VWCC to discuss (healthprofessions@viriniawestern.edu). We anticipate that the TEAS test will be administered remotely for fall 26, on a limited basis. So, if you do not receive a test schedule, it will be your responsibility to follow up with a HPAAO team member so you will not miss all the testing dates (sometimes an email address change has not been reported, typo, Navigate Notifications not turned on, etc.). Note: The TEAS test **is not** offered in the testing center at VWCC. The TEAS testing information is only given for eligible VWCC dental hygiene applicants. The TEAS will be administered with ATI personnel proctoring the exam. Details regarding how to register and submit scores will be sent in March to eligible applicants. Please be looking for this emailed information in mid-to late March and follow the directions for testing and submission of testing results carefully.

Note for LRCC applicants only (for 2026): Your application file must be received and evaluated first by Miss Woody (or a member of her team) at VWCC to determine if your material is complete and if you meet the minimum criteria. If you apply before December, your file will be updated and re-evaluated by Miss Woody, or a team-member, usually by late February. You will be notified (email) by VWCC Health Professions Advising and Applications Office regarding the steps necessary to test remotely at VWCC. LRCC will not address any issues related to a student's eligibility for the VWCC/LRCC Joint Venture Dental Hygiene program. It is advisable to plan to test remotely with Proctorio in March. (Details will be sent in mid-March regarding the necessary steps to complete to be ready to test remotely.)

Note: Those who might take **the same TEAS for another dental hygiene program** after October 1, 2025 and want to use those scores **MUST** take responsibility to have the scores sent to VWCC/advisor (Miss Woody) via their ATI testing account (they do charge a fee). Please request the scores to be sent to **VA Western CC-AH**. Once you request scores to be sent, you are responsible for following up by email with Miss Woody in 3-5 days to confirm receipt of the scores from ATI. Previous scores must be at VWCC by March 15.

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You may visit testprepreview.com and scroll to TEAS for a sampling of questions asked on the TEAS.

Here are other resources that may assist with review as well:

Reading Resources:

<https://courses.lumenlearning.com/irsc-english/chapter/video-main-ideas-and-supporting-details/>●
Lumen Learning- Main Ideas and Supporting Details

<https://www.khanacademy.org/ela/cc-2nd-reading-vocab/xfb4fc0bf01437792:cc-2nd-fairy-tales-retold/xfb4fc0bf01437792:applying-knowledge/v/using-context-clues-to-figure-out-new-words-reading>● McGraw Hill- Fact and Opinion Exercise

https://higher.ed.mheducation.com/sites/007256380x/student_view0/part4/chapter13/supplemental_exercises_1.html<https://courses.lumenlearning.com/irsc-english/chapter/video-main-ideas-and-supporting-details/>

<https://courses.lumenlearning.com/englishcomp1/chapter/making-inferences/>

- ☐ After TEAS testing is finished applicants need to follow the directions sent via Navigate to submit the scores to Virginia Western Community College and follow up to be sure we have received the scores. (See note earlier in the checklist for instructions.)
- ☐ Notification of acceptance/non-acceptance into the Fall 2026 program will be **emailed usually in mid to late-May 2026** for those considered.

Note: Any forms mentioned in the above steps are available and can be viewed on the same “Forms” link as this checklist.

Tentative Timeline for Application Review (please note—follow the Apply Now on the website and follow the above checklist for application)

- apply on or before **December 1, 2025** for fall 2026 consideration (early submission of application materials is highly encouraged)
- In February- HPAAO will update all completed applicant files to notate which courses were complete in the Fall and which are enrolled in for spring semester. The GPA will be updated at end of fall as well
- In March- details regarding remote testing of TEAS will be sent via Navigate Platform (turn on your notification)
- By established deadline in March (details sent in the TEAS testing letter), HPAAO should have received the official scores from ATI that you requested at end of testing session
- Notification of fall status will occur in mid to late May
- Orientation, if accepted, is typically in July
- Classes begin in August for those accepted into the program.
- If accepted, AAS Dental Hygiene is a two-year program.