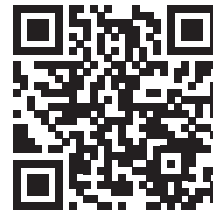


Our Purpose

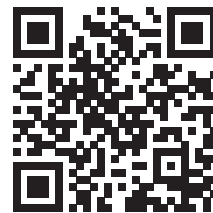
TRIO Pathways is dedicated to working with each accepted student to achieve their goals. Pathways helps participants stay in school, maintain good academic standing, and graduate and/or transfer to a four year college.



Find us online:



Find us on campus:



TRIO Pathways Student Support Services

Angela Hairston-Niblett, M.Ed, Director

Cheryl Hilton, MALS, Academic Success Coach

Juliet Jordan Lowery, M.Ed, Academic Success Coach

Kitty Walls, MA, NCC, Academic Success Coach

Cathy Carroll, Office Manager

Contact Us

TRIO Pathways

Student Life Center, Room S207

Phone: 540-857-7289

Fax: 540-857-7918

Email: pathways@viriniawestern.edu

Web: viriniawestern.edu/pathways

VIRGINIA WESTERN

What is TRIO?

Pathways is a federally-funded TRIO program designed to provide 250 students with additional support to achieve academic success. For more information on TRIO from the Department of Education, visit: <https://www2.ed.gov/programs/triostudsupp/index.html> or scan this code:

TRIO is funded by the US Department of Education. Scan this code to learn more.



Trío \tree-oh\, noun: a community of students and staff committed to the challenges and rewards of learning, graduation and transfer.

What does TRIO offer?

- » Priority one-on-one tutoring
- » Personalized academic advising
- » Laptop loaners & free printing
- » Individualized career counseling
- » FREE cultural trips
- » FREE workshops and events
- » Financial aid information and referral
- » Visits to 4-year colleges & universities
- » Priority class registration (schedule classes 1-2 days before other VWCC students!)

What is a TRIO Coach?

A TRIO Coach will help you with:

- » Stress management
- » Personal & Social Development
- » Goal Setting
- » Decision Making
- » Choosing a Major
- » Transferring to a Four-Year College
- » Four-Year Campus Visits
- » Writing Personal Statements
- » Study Habits
- » Time Management
- » Listening & Reading
- » Note-Taking
- » Testing Strategies
- » Learning Strategies
- » Memory Aids
- » Overcoming Math Anxiety
- » Tutoring
- » Academic Planning
- » Financial Planning
- » And More!

How do I apply?

Who is eligible to apply for TRIO?

You must meet at least one (1) of the following:

- ♦ **A First-Generation College Student:** Neither parent/guardian has a Bachelor's degree from an accredited institution
- ♦ **Meet Low-Income Guidelines:** Generally, if you are receiving PELL grant aid, you will qualify
- ♦ **Have A Disability:** Physical, psychological, or learning

AND BOTH of the following:

- » Enrolled in classes at Virginia Western Community College
- » A U.S. Citizen, or intend to become a citizen

How do I apply?

1. Complete a TRIO Pathways application (scan code below)
2. Meet with a TRIO Coach, call 540-857-7289 to schedule an appointment



To apply for TRIO,
visit [viriniawestern.edu/
pathways/apply](http://viriniawestern.edu/pathways/apply)
or scan this code: