



Greek Yogurt Ranch Dip

Quick Meal Cards: Snack

Ingredients

- 1 cup plain non-fat Greek yogurt
- $\frac{3}{4}$ teaspoon garlic powder
- $\frac{1}{2}$ teaspoon onion powder
- $\frac{1}{2}$ teaspoon dried dill
- $\frac{1}{4}$ teaspoon kosher salt
- $\frac{1}{4}$ teaspoon Worcestershire sauce
- $\frac{1}{8}$ teaspoon cayenne pepper
- Fresh chopped chives (for garnish)

Directions

1. In a medium bowl, stir together all of the ingredients.
2. Garnish with fresh chives and serve with your favorite fresh veggies.