



ARE TREES THE BEST MEDICINE FOR HEALTHY NEIGHBORHOODS?

Wednesday, October 2

6 PM · Virginia Western Community College

You are invited to hear **Dr. Aruni Bhatnagar** discuss his research on
“**The Natural Environment and Human Health.**”

Dr. Bhatnagar leads the Green Heart Louisville health research initiative. After planting over 8,000 trees and shrubs, his team has collected detailed health data from nearly 500 residents since 2018. The 15 million dollar project includes state, local and federal agencies, several non-profits and universities and over 50 researchers. They are looking at how trees affect air pollution, sleep, stress and anxiety, blood pressure and cardio health.

Dr. Bhatnagar, a featured speaker at the 2023 World Forum on Urban Forests, is Professor of Medicine and Distinguished University Scholar at the University of Louisville. Working with collaborators around the world, he spearheaded the development of the new field of Environmental Cardiology which links the risk of heart disease to natural, social and personal environments.

FREE ENTRY, FREE PARKING in lot 9 behind Chapman Hall (SEE MAP BELOW)

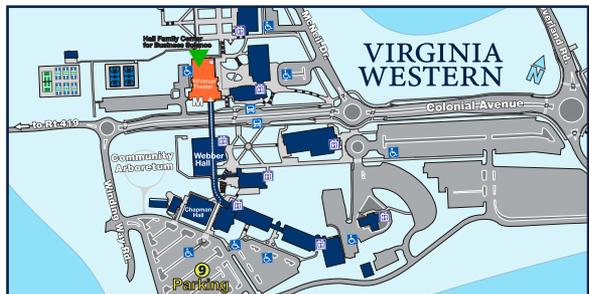
Doors open at 5 for the public to enjoy information from sponsors and partners.
Enter Webber Hall and follow signs to Whitman Auditorium.

For more information please contact: info@millmountaingardenclub.org.

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Park in lot 9 (located behind Chapman Hall) and enter in Webber, go through the breezeway into Business Science building (M). Use the elevator to go to the 1st floor which brings you to Whitman Auditorium.